

Appendix 1 Details about the in-house centres

Centre	Activities	Capacity and usage	Building
Vaughan NRC Located in West Harrow close to the West Harrow tube station. The staff team at Vaughan NRC have developed skills and experience in working with people with autism and challenging behaviour.	<u>Focus on Independence and Control Activities includes:</u> Volunteering at St Peter's Church serving tea and coffee, Supermarket in West Harrow filling shelves', attending breakfast club at local cafe, walk 4 life fund raising, Cooking skills for life and planning activities/ groups etc. Animal Welfare Group, the Discovery award <u>Therapeutic Activities</u> Art and crafts, horticulture, computers as well as life skills, horse riding, allotment activities and a sensory session.	Capacity 30 people per day, Current average 27 people per day. Total 35 users, most of whom use the service five days per week.	PFI with BHH LIFT. The building also houses a children's centre with an extended school's club which runs from late afternoon. Mencap use the canteen on Tuesdays and occasional Thursdays. Do not charge for external use.
Kenmore NRC located in Kenton The service was initially designed to support people with severe learning disabilities and high needs. Over time however the service has started to support a number of people with lower support needs	<u>Focus on: Education and Employment</u> <u>Courses include:</u> Computer Skills, Voluntary work at the local church, gardening, delivering leaflets for Helpline, reception work at the centre, raising money for charity i.e. Children in Need <u>Health and Wellbeing</u> Swimming, healthy walking IT skills, Well men's and women's	Capacity 30 people per day. Current average 26 people per day. Total 31 users	PFI with BHH LIFT No external use

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	group, Makaton and communication skills, change 4 life, Asian Women Sports day ,the Big Health Day and coffee mornings		
Byron Park RC located in Wealdstone next to the leisure centre A hub for education and employment related activities. FE Colleges make visits. Recently reablement has been introduced.	<u>Focus on Health and Wellbeing – includes:</u> Healthy Eating, swimming walk for life and green gym, health awareness, voluntary work, community trips, music therapy, cycling and travel skills, Makaton <u>Work Skills</u> Employment sessions at the Retreat work in the centre café and Red brick Café, Passport to transport and charity shop voluntary work, volunteering and reception duties at the centre. <u>Therapeutic Sessions</u> Arts and Crafts, Bollywood music and dance, gardening, trampolining, accessing the library, snooker, table tennis and photography	Capacity 40 people per day. Current average 25 people per day.	PFI with BHH LIFT The site is used by Ashiana (Learning Disability Charity) over the weekend.
Bedford House Day Service Located in Pinner Green. The service aims to	Focus: Programmed activities- improving independence in the centre as well as in the community.	Capacity 9 people per day, Current average 7 people per day. Total 10 users	Building is owned by Council It also provides permanent and respite residential care. No other

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support people with severe learning disability and autism	Art and crafts, trampolining, bowling, swimming, cooking, community outings and walks and a sensory session		external use of the day centre space.
Gordon Avenue located in Stanmore. The service is for people with severe learning disability, autism, challenging behaviour and complex needs.	Focus: Programmed Activity: - improving independence: Community outings, library visits, films, gardening, cooking skills baking, music session, arts, crafts and walks.	Capacity 9 people per day, Current average 7 people per day. Total 9 users	No external use.
Bentley NRC for people with physical disability located in Harrow Weald	Focus: Rehabilitation Skills Development; IT skills using social media , One to One rehabilitation, walking group, hand and shoulder massage, communication skills, well men's and well women's groups, various health talks, Stroke Group, Reablement Group and Yoga, health and nutrition sessions, tone and trim, cooking skills, and swimming. Person Centred Planning, service user's committee and user engagement sessions.	Capacity 64 people per day, Current average 27 people per day. (42% utilisation) Total 74 users The level of utilisation at the service has reduced significantly during 2012 as a result of the introduction of fairer charging. This has meant that people who are able to afford to pay are now charged for attending day services and transport. A number of people have chosen not to attend rather than to pay.	Building is owned by the Council. 13 different groups use the facility, not charged for historical reasons, though a Bridge Club makes a donation of £51 a month.
Milmans NRC for older people located in Pinner	Programmed Activity- improving independence Newspaper reading, discussions, quiz, bingo, chair exercise, walking, and music, reminiscing,	Capacity 50 people per day, Current average 23 people per day. (44% utilisation) Total 106 users, most of whom attend only one day per week.	Building is owned by the Council. Charges for external use. Crossroads runs a Saturday service for 9k per annum

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	chair yoga, arts and crafts, floor games, sing a long, table tennis, IT, scrabble, card games, dominoes and jigsaw. Reablement sessions, prevention of falls programme	most of whom attend only one day per week. As with Bentley the number of people attending has changed significantly as a result of the fairer charging implementation.	